

Development of Integrated Health Improvement Outcomes for a Single Outcome Agreement

Client: West Lothian Council, Scottish Government, NHS Health Scotland

What were we asked to do?

West Lothian Council - as a Pathfinder Council for the Scottish Government's Public Service Reform agenda - asked us to help develop integrated health improvement outcomes for its Single Outcome Agreement (SOA).

How did we approach the research?

We worked closely with West Lothian Council, the Scottish Government and NHS Health Scotland to:

- assess integrated health improvement work in the area;
- develop an Outcome Planning Model using an integrated life stages, life circumstances, lifestyle, and life chances approach;
- develop robust and measurable health improvement outcomes;
- identify and gather data on priority target groups that are in greatest need of health improvement services; and
- develop a Health Improvement Planning Framework as a means of planning, monitoring and evaluating integrated health improvement work

We used the following methods.

- Desk-based research - examples of best practice from other regions and countries.
- Statistical analysis - collation and analysis of quantitative health improvement indicators; and
- Participative consultation with key stakeholders and services to agree priority groups and outcomes.

What did we find?

Through our research, we developed evidence-based, robust and measurable outcomes that are aligned with the needs of West Lothian's residents and that fit the outcomes in the Council's SOA.

We also produced a Health Improvement Planning Framework to guide the planning, implementation and evaluation of integrated health improvement work.